

Winning the Ball:

Essential Defending Skills for Netball

Date: 27th March 2014

Time: 6.00pm – 9.00pm

Venue: Whitecross Hereford
High School

Cost: £25 Affiliated

£35 Non-Affiliated

Tutor name: Nicky Fuller

This is a workshop for coaches who are regularly planning and delivering sessions. The workshop will focus on the essential defending skills required for effective performance, common errors, corrective measures and practice design.

